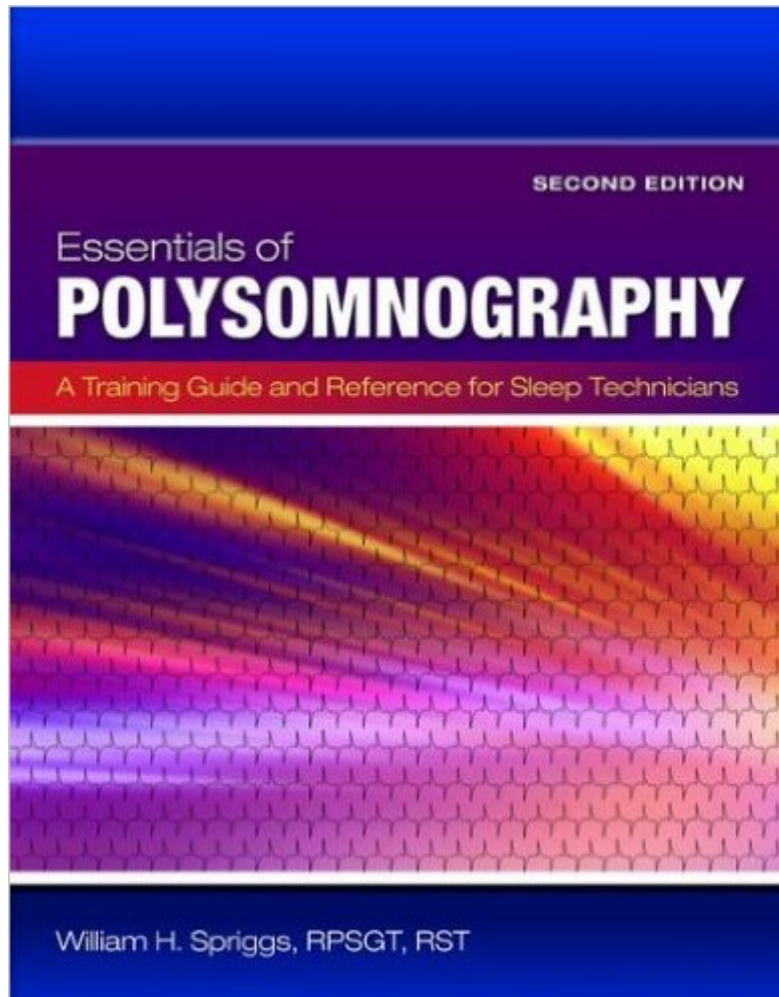


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# Essentials Of Polysomnography: A Training Guide And Reference For Sleep Technicians



## Synopsis

Essentials of Polysomnography, Second Edition is a 386-page full color text designed specifically for sleep technicians and professionals. The new compact design and layout includes the same amount of content from the First Edition, with updated content and images. This textbook is written by William H. Spriggs, a certified sleep technician, and is used in hospitals, sleep labs, physician offices, and colleges and universities around the world. The Second Edition is ideal for training new sleep technicians, and students interested in studying polysomnography, as well as physicians, sleep lab managers, DME reps, and sleep lab front office staff members. The new edition's content and questions reflect the new ICSD-3 classifications, AASM Rules and address the BRPT new exam blueprints as well as the revised AASM Manual for the Scoring of Sleep and Associated Events released in July 2013, content includes: An overview of normal sleep and the history of sleep disorders Patient education and the patient flow process Life as a Sleep Technician Patient Hookup Procedures Polysomnography overview and interpretation Pediatric sleep medicine Hundreds of sample epochs depicting sleep stages, artifacts, and events New Chapters/Topics in the Second Edition include: Medical and Neurological effects on sleep Effects of Medicine on Sleep Updated, as well as more, coverage on ECG All content is updated to reflect the ICSD-3, AASM, and BRPT changes

## Book Information

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## Customer Reviews

Honestly.... it has updated information but the book is poorly put together. It talks about graphics

that are 5 pages over so it's constant flipping back and forth throughout the whole book! Just terrible editing. The previous edition was much better done and easier to read, it's too bad it has outdated information or I would have bought that one instead of this mess of a book.

If you are serious about a career in sleep medicine or own or manage a sleep center, you need this book. From the true master of sleep diagnostics training methodology, this book is the gold standard for teaching new technicians or increasing the knowledge of seasoned sleep technologists. Do yourself a favor: buy this book and put a cover on it with the title "insert name here" Sleep Center Training Manual.

This new edition is on the cutting edge for sleep medicine. If you are studying for your exam, you will need this! It has all the new AASM rule changes from last year in it, and the new definitions from the ICSC. Don't know where else you can even get all this info in one place. It's the complete package!

Great study material, however some of the material published has inconsistencies, such as mislabeled pictures. Also, several of the questions and answers in the post test have inaccuracies, questioning the reliability of the material.

I questioned too much in this book and it turned out there were things that are incorrect in this book, thank goodness I bought other books to help me study.

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